

Wellness EAP Approval List

24 Hour Fitness

Aquatic Centers

ACAC

Ballroom Dancing/Dance Studio

Barre Studios

CrossFit Gyms

Crunch Fitness

Golds Gym

Fitness Evolution

Kickboxing/UFC/Boxing

LA Fitness

Lifetime

Montgomery College Walking Club

Multifaceted Fitness Centers

Orange Theory

Peloton

Pilates Studio

Planet Fitness

Rock Climbing Centers

SolidCore

OneLife

Weight Watchers

YMCA

Yoga Studios

- The maximum reimbursement for any activity is \$35/month; except Weight Watchers
- Participants must attend at least 10 days/month or 75% of a program with limited duration. (Ex. If activity only meets for 12 sessions, you must attend at least 9 sessions for reimbursement)

Don't see your activity above? Email india.hunter@montgomerycollege for approval.