Total Credits: 60
Catalog Editions 19-20 through 21-22

| Name: | Date: | ID \#: M |  |
| :---: | :---: | :---: | :---: |
| GENERAL EDUCATION: FOUNDATION COURSES | Course | Hours | Grade |
| English Foundation (ENGL 102 or ENGL 103, grade of C or better required to graduate) |  | 3 |  |
| Math Foundation (MATH 110, 115, 117, 120, 130, 150, 165, 170, or 181) <br> CONSULT COUNSELING FACULTY / PROGRAM ADVISOR ABOUT CHOICE $\dagger$ |  | 3 or 4 |  |
| GENERAL EDUCATION: DISTRIBUTION COURSES | Course | Hours | Grade |
| Arts Distribution (ARTD) |  | 3 |  |
| Humanities Distribution (HUMD) |  | 3 |  |
| Behavioral \& Social Sciences Distribution (BSSD) | SOCY 100 | 3 |  |
| Behavioral \& Social Sciences Distribution (BSSD) | PSYC 102 | 3 |  |
| Natural Sciences Distribution with Lab (NSLD) | BIOL 150 | 4 |  |
| Natural Sciences Distribution with Lab (NSLD) | BIOL 212 | 4 |  |
| General Education Institutional Requirement (GEIR) | COMM 108 or COMM 112 | 3 |  |
| General Education Institutional Requirement (GEIR) | HLTH 105 | 3 |  |
| PROGRAM REQUIREMENTS | Course | Hours | Grade |
| ENGL 101 or ENGL 101A (if needed for ENGL102/ENGL 103 or Elective)* | ENGL 101 or ENGL 101A | 3 |  |
|  | BIOL 213 | 4 |  |
|  | HLTH 160 | 3 |  |
|  | HLTH 225 | 3 |  |
|  | HLTH 298 | 3 |  |
| PROGRAM ELECTIVE $\ddagger$ |  | 3 |  |
| PROGRAM ELECTIVE $\ddagger$ |  | 3 |  |
| PROGRAM ELECTIVE $\ddagger$ |  | 3 |  |
| 200 LEVEL PROGRAM ELECTIVE $\ddagger$ |  | 3 |  |

[^0]$\dagger$
Choose math according to transfer school.
$\ddagger$ Students must consult with the Community Health program adviser (https://www.
Overall GPA of 2.0 is required to graduate
Total Credits: $\square$

Health Enhancement, Exercise Science, and Physical Education Website
montgomerycollege.edu/academics/program-advising/index. html\#h) before selecting electives from HLTH or other categories. Select electives from HLTH 121,
HLTH 125, HLTH 131, HLTH 150, HLTH 170, HLTH 200, HLTH 212, HLTH 215, HLTH 220 and
HLTH 230. At least three health elective credits must be at the 200 -level.


[^0]:    * Students who qualify for a waiver of ENGL 101 may select three credits of electives with approval of the department.

