COMMUNITY HEALTH (FORMERLY HEALTH EDUCATION), Arts and Sciences AA (R): 186A

Total Credits: 60 Catalog Edition 19-20

Name:	Date:	ID #:

GENERAL EDUCATION: FOUNDATION COURSES	Course	Hours	Grade
English Foundation (EN 102/ENGL 102 or EN 109/ENGL 103)		3	
Math Foundation (MATH 110, 115, 117, 120, 130, 150, 165, 170, or 181)			
CONSULT COUNSELING FACULTY / PROGRAM ADVISOR ABOUT CHOICE			

GENERAL EDUCATION: DISTRIBUTION COURSES	Course	Hours	Grade
Arts Distribution (ARTD)			
Humanities Distribution (HUMD)			
Behavioral & Social Sciences Distribution (BSSD)	SO 101/SOCY 100	3	
Behavioral & Social Sciences Distribution (BSSD)	PY 102/ PYSC 102	3	
Natural Sciences Distribution with Lab (NSLD)	BI 107/ BIOL 150	4	
Natural Sciences Distribution with Lab (NSLD)	BI 204/ BIOL 212	4	
General Education Institutional Requirement (GEIR)			
General Education Institutional Requirement (GEIR)	HE 101/ HLTH 105	3	

PROGRAM REQUIREMENTS	Course	Hours	Grade
ENGL 101 or ENGL 101A (if needed for ENGL102 or Elective)*		3	
	BI 205/ BIOL 213	4	
	HE 120/ HLTH 160	3	
	HE 200/ HLTH 225	3	
	HLTH 298	3	
PROGRAM ELECTIVE‡		3	
PROGRAM ELECTIVE‡		3	
200 LEVEL HE/200 LEVEL PROGRAM ELECTIVE‡		3	
200 LEVEL HE/200 LEVEL PROGRAM ELECTIVE‡		3	

Overall GPA of 2.0 is required to graduate

Total	Credits:	
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Health Enhancement, Exercise Science, and Physical Education Website

† Choose math according to transfer school.

Last Modified: May 2019

‡ Students must consult with the Community Health program adviser (https://www.montgomerycollege.edu/academics/program-advising/index.html#h) before selecting electives from HLTH or other categories. Select electives from HE 108/HLTH 121, HE 109/HLTH 125, HE 11/HLTH 131, HE 150/HLTH 150, HE 130/HLTH 170, HE 112/HLTH 200, HE 202/HLTH 212, HE204/HLTH 215, HE 205/HLTH 220 and HE 230/HLTH 230. At least six health elective credits must be at the 200-level.

^{*} Students who qualify for a waiver of ENGL 101 may select three credits of electives with approval of the department.