

HEALTH FITNESS ,Arts and Sciences A.A. (R): 157B

Total Credits: 60
Catalog Editions 15-16 through 16-17

Name: Date: ID #:

GENERAL EDUCATION: FOUNDATION COURSES	Course	Hours	Grade
English Foundation (EN 102/ENGL 102 or EN 109/ENGL 103)		3	
Math Foundation			
Speech Foundation (SP 108/COMM 108 or SP 112/COMM 112)		3	
Health Foundation HLHF	HE 205/HLTH 220	3	

GENERAL EDUCATION: DISTRIBUTION COURSES	Course	Hours	Grade
Arts Distribution (ARTD)			
Humanities Distribution (HUMD)			
Arts or Humanities Distribution (ARTD or HUMD)			
Behavioral & Social Sciences Distribution (BSSD) †		3	
Behavioral & Social Sciences Distribution (BSSD) †		3	
Natural Sciences Distribution with Lab (NSLD)	BI 107/BIOL 150	4	
Natural Sciences Distribution with Lab (NSLD) **	BI 204/BIOL 212	4	

PROGRAM REQUIREMENTS	Course	Hours	Grade
EN 101/ENGL 101 (if needed for ENGL102/103 or substitute HLTH elective if not)*			
	BI 205/BIOL 213	4	
	HE 200/HLTH 225	3	
	PE 202/PHED 206	3	
	PE 228/PHED 228	3	
	PE 230/PHED 230	3	
	PE 237/PHED 237	3	
	PE 250/PHED 250	3	

Has student completed the Global Perspectives requirement?
 Yes No

Overall GPA of 2.0 is required to graduate

Total Credits:

Global Perspectives Course:

* ENGL 101 if needed for ENGL 102/ENGL 103 or Health elective.

Advising Worksheet Contact: [Anthony Solano](#)

† The two behavioral and social sciences courses must be in different disciplines. Students participating in the articulated curriculum with Salisbury University - Shady Grove need an additional 9 health credits and PHED 140 (1 credit). Students must check with departmental advisers for appropriate courses. Students should consult with a Health Departmental adviser

Last Modified: July 2016

** Course meets General Education requirements.

See an advisor to submit an Application for Graduation the semester BEFORE you intend to graduate.

This UNOFFICIAL document is for planning purposes ONLY and completion does not guarantee graduation.